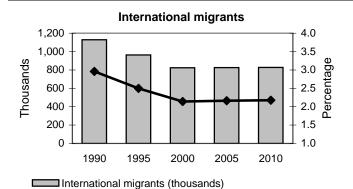
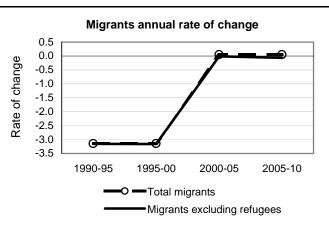
Poland

Indicator	Year / Period	1990	1995 / 1990-1995	2000 / 1995-2000	2005 / 2000-2005	2010 / 2005-2010
International migrants ^a	10100		1,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1770 2000	2000 2000	2000 2010
Total (thousands)		1 128	964	823	825	827
Males (thousands)		482	404	337	338	339
Females (thousands)		646	560	486	487	488
Percentage of female migrants		57. 2	58. 1	59. 0	59. 0	59. 0
Percentage of total migrant stock		0.7	0.6	0. 5	0.4	0.4
Migrants as a percentage of the total populati	ion	3.0	2.5	2.1	2. 2	2. 2
Annual rate of change			-3. 1	-3. 1	0.0	0.0
Annual rate of change excluding refugees			-3. 2	-3. 2	-0. 0	-0. 1
Net migration of foreign born (thousands)			-122	-106	31	32
Refugees ^b						
Total (thousands)			0	1	4	8
Percentage of international migrants		_	0. 1	0. 1	0.4	1.0
Percentage of total refugee population			0.0	0.0	0.0	0. 1
Annual rate of change			_	13. 6	25. 8	16. 9
Remittances ^c (US dollars)						
Total (millions)			724	1 726	6 482	10 496
Percentage of gross domestic product			0. 5	1. 0	2. 1	2. 5
Population						
Total (thousands)		38 111	38 595	38 433	38 198	38 038
Males (thousands)		18 574	18 782	18 638	18 467	18 338
Females (thousands)		19 537	19 813	19 794	19 732	19 700
Annual rate of change per 1,000 population			2. 5	-0.8	-1. 2	-0.8
Annual rate of natural increase per 1,000 pop	oulation		2. 9	0. 7	-0. 2	-0. 2
Total net migration (thousands - annual avera	age)		-15. 5	-60. 0	-40. 0	-24. 0
Annual net migration rate per 1,000 population	on		-0. 4	-1. 6	-1.0	-0. 6
Percentage of total population			0.7	0. 7	0. 6	0. 6
Projected population in 2050 (UN medium variant)			with migration		without migration	
Total population (thousands)				32 013		32 067





^a Estimated number of foreign-born persons.

Percentage of total population

 $^{\rm c}$ Based on data compiled by the World Bank. Data reported under 2010 refer to 2007.

United Nations Department of Economic and Social Affairs/Population Division

b Estimates prepared by the United Nations Population Division based on data supplied by the United Nations High Commissioner for Refugees.